

ON ICE + OFF ICE  
@CHAPARRAL ICE



## 2 THREE WEEK SESSIONS

Coaching From Current Professional Players

**PHASE 1- JUNE 19TH-JULY 7**

**PHASE 2- JULY 10-JULY 28**

10U +12U

OFF-ICE MONDAYS 4:00-5:00

ON-ICE MONDAYS 5:15-6:15

14U+16U

OFF-ICE THURSDAYS 4:00-5:00

ON-ICE THURSDAYS 5:15-6:15

OFF-ICE FRIDAYS 4:00-5:00

ON-ICE FRIDAYS 5:15-6:15

OFF-ICE FRIDAYS 5:15-6:15

ON-ICE FRIDAYS 6:30-7:30

**\$344 PER PHASE OR \$619 / P1+P2**

**6 Hours On Ice per Phase!**

\*OFF ICE TRAINING OPTIONAL +\$90 PER PHASE

**(10% OFF)**

PLEASE EMAIL US AT  
[TRAIN@HOUSEOFHELLAND.COM](mailto:TRAIN@HOUSEOFHELLAND.COM)  
FOR MORE INFORMATION

**LIMITED  
SPOTS  
AVAILABLE!**